



Herald Christian Health Center
基督教角聲醫療中心



Neighborhood Legal Services of Los Angeles County

2026 Public Charge Final Rule

Press Conference

August 6, 2026 (Thursday)



National Health Center Week 2026

Understanding the 2026 Public Charge Final Rule and Its Impact on the Community

Herald Christian Health Center (HCHC) and Neighborhood Legal Services of Los Angeles County (NLSLA) jointly hosted a press conference on August 6, 2026, on the 2026 Public Charge Final Rule, providing the community with information on the latest policy developments and their potential impact. The organizations urged the public not to cancel any public benefits they are currently receiving out of fear or concern before the federal government releases official implementation guidance.

Lena Silver, Director of Policy and Administrative Advocacy of NLSLA, provided a detailed overview of the 2026 Public Charge Final Rule. She explained that the Final Rule is scheduled to take effect on September 18, 2026, but the U.S. Department of Homeland Security (DHS) has not yet issued specific guidance on how public charge determinations will be implemented. As of August 6, 2026, the guidance has not yet been released and is expected to be issued before the Final Rule takes effect.

Lena emphasized that incomplete and inaccurate information is currently circulating within the community and encouraged individuals to obtain the most current and reliable information before making decisions. She explained that the public charge rule does not apply to U.S. citizens and generally does not apply to most lawful permanent residents, unless they have been outside the U.S. for more than six months. Individuals applying through humanitarian immigration pathways, including asylum, refugee status, U visas, T visas, and protections under the Violence Against Women Act (VAWA), are also not subject to the public charge rule.

Most importantly, Lena reminded attendees not to hastily cancel their existing health coverage, food assistance, or other public benefits before the government releases its official implementation guidance. Individuals with questions about their specific immigration cases were encouraged to consult a qualified immigration attorney for legal advice tailored to their circumstances.

Daniel Chu, Chief Executive Officer of HCHC, stated that in addition to providing comprehensive healthcare services, HCHC has long been committed to helping community members access public benefits and other supportive resources. HCHC will continue to provide the community with the latest and most accurate policy information and assist eligible residents in applying for available public benefits, helping to reduce unnecessary fear caused by misinformation.

Community members were encouraged to remain calm, obtain information from trusted organizations, and make decisions only after fully understanding how the policy may apply to their individual circumstances. Because implementation details for the Public Charge Final Rule are still pending from the federal government, additional clarification or updates to the policy may be forthcoming.

For questions regarding the 2026 Public Charge Final Rule, community members may contact NLSLA at (800) 433-6251 or visit www.nlsla.org.

For assistance applying for Medi-Cal, CalFresh, or other public benefits, community members may contact the HCHC Health Insurance Enrollment Department at (626) 565-7614 to schedule an appointment.

2026 Public Charge Final Rule



Lena Silver, NLSLA Director of Policy and Administrative Advocacy, and Mona Lao, NLSLA Paralegal, provided an overview of the 2026 Public Charge Final Rule.



Daniel Chu, HCHC Chief Executive Officer, and Alice Wang, HCHC Director of Wellness and Resource Center, stated that HCHC will continue to help eligible residents access available public benefits.



Community members asked questions about different visa circumstances during the Q&A session.

What is Happening Now? 目前有哪些变化？

- The Public Charge test has been a part of immigration law for over one hundred years
公共负担审核在美国移民法中已有一百多年的历史。
- In 2022 – Biden Administration changed the public charge rule:
2022年，拜登政府对公共负担规则进行了修改：
 - Use of CalFresh and Medi-Cal (except long-term care) does not count
使用粮食券和白卡（除长期护理外）不计入公共负担审核
 - Use of benefits by eligible kids/family members does not count
符合资格的子女或家庭成员使用福利不计入公共负担审核
 - Use of benefits while in exempt status will not count
在豁免身份期间使用福利不计入公共负担审核
- In 2026 – Trump Administration is changing the rule again.
2026年，特朗普政府再次修改公共负担规则。

How Will the 2026 Guidance Be Different from the 2022 Rule? 2026年指导意见与2022年规则有哪些不同？

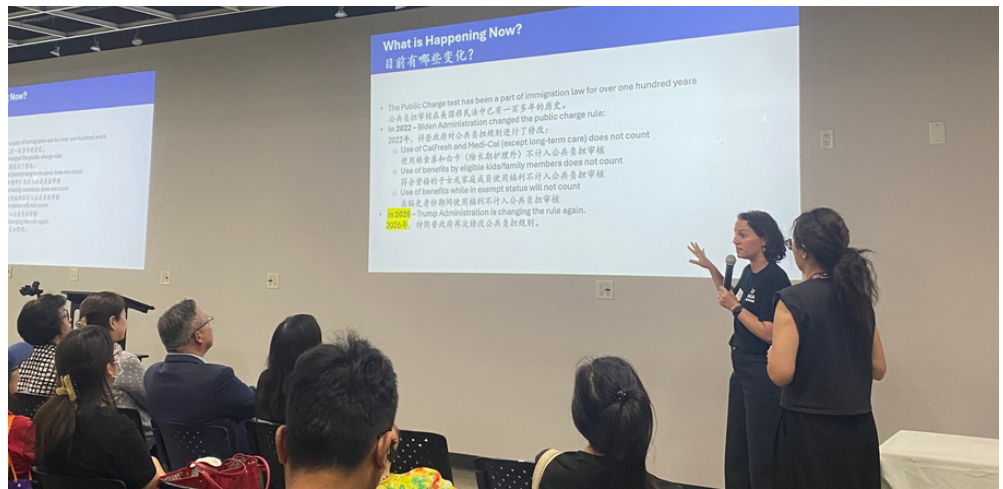
The guidance has not come out yet, but here is what we know from the language of the final rule:
目前，指导意见尚未公布，但据最终规定的内容，我们了解到以下几点：

- Immigration officials will probably be allowed to consider use of benefits by children and other household members.
移民官可能将申请人的子女及其他家庭成员获得公共福利的情况纳入考量。
- Immigration officials will probably have more discretion – there won't be as many rules about what they can consider when making a public charge decision.
移民官可能会拥有更广泛的裁量空间，在进行公共负担审核时，对于可考量的因素的限制可能会减少。

Will Past Use of Benefits Count? 过去使用福利会被纳入考量吗？

The guidance has not come out yet, but here is what we know from the language of the final rule:
目前，指导意见尚未公布，但据最终规定的内容，我们了解到以下几点：

- People who submit their application for a green card before Sept. 18, 2026 will be under the 2022 Public Charge rule.
在2026年9月18日之前提交绿卡申请的人，将适用于2022年公共负担规则。
- People who submit their application for a green card after Sept. 18, 2026 will be under the new rule.
在2026年9月18日之后提交绿卡申请的人，将适用于新的规则。
 - Our current understanding is:
目前我们理解的是
 - Only use of certain cash aid programs (SSI, CAPI, General Relief, and CalWORKs) and long-term care paid for by Medi-Cal (like in a nursing home) BEFORE Sept. 18, 2026 would count.
只有在2026年9月18日之前使用某些现金补助（如社安金、移民现金补助、一般救济和加州工作机会与责任儿童援助项目）以及由白卡支付的长期机构照护（如养老院护理）的情况，才会被纳入考量。
 - But they could consider use of many more benefits used AFTER Sept. 18, 2026.
但2026年9月18日之后使用福利，可能会有更多种类纳入考量。
 - Guidance may explain further.
未来发布的指导意见可能会进一步说明。



Simultaneous Mandarin interpretation was provided during the event.

Media Coverage



Sky Link TV

Cantonese: <https://bit.ly/3UwstSS>

Mandarin: <https://bit.ly/4gwxZ0s>

ETTV America

<https://bit.ly/4fZEM2I>

CTI TV

<https://bit.ly/4xGPJfr>



TVB USA

<https://bit.ly/3TTPUp7>

基督教角聲醫療中心與洛杉磯縣鄰里法律服務中心聯合解析《2026公共負擔最終規則》

Media Coverage

領白卡影響綠卡？專家揭常見誤解

記者劉子為／艾爾蒙特報導

聯邦政府新版「公共負擔」規則將於9月18日生效，未來部分綠卡申請人的公共福利使用情況，可能受到更廣泛審查。不少華人移民擔心，自己或家人領取白卡、糧食券等福利，是否會影響綠卡申請。法律專家提醒，新規並非適用所有移民，也不代表領過福利就一定拿不到綠卡，在政府公布更詳細執行指引前，民眾不要因恐慌停掉正在使用的福利。

基督教角聲醫療中心與洛杉磯縣鄰里法律服務中心（NLSLA）6日共同舉辦「2026年公共負擔最終規則」社區講座暨記者會。NLSLA政策與行政倡導總監Lena Silver針對華人移民社區常見的疑問做出說明。

Silver解釋，「公共負擔」簡單來說，是移民官在審查部分綠卡申請時，判斷申請人未來是否可能主要依靠政府維持生活。移民官不會只看一個人是否領過福利，還會綜合考量年齡、健康、家庭狀況、收入、資產、教育程度、工作技能及是否有人提供經濟支持等因素。



基督教角聲醫療中心與洛杉磯縣鄰里法律服務中心（NLSLA）共同舉辦「2026年公共負擔最終規則」社區講座暨記者會。（記者子為／攝影）

這項審查主要影響在美國境內透過親屬申請綠卡的人，例如婚姻綠卡，以及由子女、父母或兄弟姐妹提出的親屬移民申請。已持有綠卡者申請入籍，以及已成為美國公民者，一般不受影響。難民、庇護申請者、人口販運或犯罪受害者等獲豁免的人道移民類別，也不在一般公共負擔審查範圍內。

依現行2022年規則，移民官主要

考量申請人領取的現金補助，以及由政府負擔的長期機構照護。加州糧食券（CalFresh）及多數白卡（Medi-Cal）服務，通常不會被計入。

但新規則將撤銷2022年規則中的部分限制，允許移民官考量更多按照收入或資產高低決定資格的公共福利。亦即未來可能被查看的福利範圍會擴大，但究竟哪些福利會被納

入，仍有不少細節尚未公布。

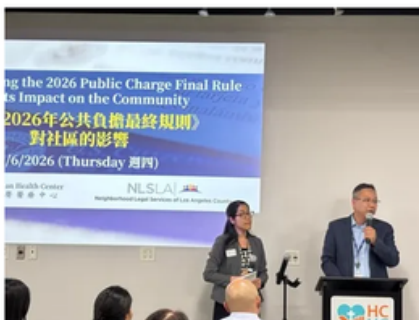
現場有民眾詢問，如果孩子或其他家人領取公共福利，是否會影響自己的綠卡申請。Silver表示，移民局一般不會把家人領取的福利當做申請人本人領取，也不會主動蒐集其他家庭成員的福利資料。不過，如果家人領取的福利實際上是申請人的經濟來源，或相關資料反映申請人的財務狀況，移民官仍可能將其列入整體考量。

新規則適用於9月18日或之後提出的人境申請，以及當日或之後郵寄或線上提交的身分調整申請。9月18日前已提交且仍在審理中的申請，將繼續依照2022年規則處理。

針對不少華人關心的「現在是否應停掉福利」，Silver表示，不要倉促做出決定。她建議，民眾應先確認自己的移民申請類別、家庭狀況及正在使用的福利，再向熟悉移民規定和公共福利制度的法律援助或社會服務機構諮詢。

基督教角聲醫療中心執行長朱牧華表示，角聲醫療中心除提供全面醫療保健服務外，也長期協助社區居民取得公共福利及相關支持。未來將持續向社區傳達最新、準確的政策資訊，並協助符合資格的居民申請公共福利。

World Journal
<https://bit.ly/4wsvDnY>



角聲醫療中心執行長朱牧華向民眾解釋在決定申請或取消公共福利前，獲得可靠及正確的訊息是十分重要的。

在問答环节中，與會民眾踴躍提問，內容涵蓋透過婚姻取得綠卡者、混合移民身分家庭、工作簽證持有人、投資移民簽證持有人以及其他可能受到影響的情況。針對各類問題，Lena Silver一再提醒民眾，在政府正式公布執行細則之前，不要倉促取消現有的醫療保險、食品補助或其他公共福利。如對個人移民案件有疑問，應諮詢專業移民律師，以獲得符合個人情況的法律建議。

基督教角聲醫療中心執行長朱牧華在記者會中表示，角聲醫療中心除了提供全面性的醫療保健服務外，也長期致力於協助社區居民獲得公共福利資源及相關支持服務。未來，角聲醫療中心將持續向社區傳達最新、最準確的政策資訊，並協助符合資格的居民申請可獲得的公共福利，減少因錯誤資訊而造成的不必要恐慌與影響。

基督教角聲醫療中心執行長朱牧華在記者會中表示，角聲醫療中心除了提供全面性的醫療保健服務外，也長期致力於協助社區居民獲得公共福利資源及相關支持服務。未來，角聲醫療中心將持續向社區傳達最新、最準確的政策資訊，並協助符合資格的居民申請可獲得的公共福利，減少因錯誤資訊而造成的不必要恐慌與影響。

主辦單位再次呼籲民眾保持冷靜，透過可信賴的機構獲取資訊，並在充分了解自身情況後再作決定。由於公共負擔最終規則的實施細節仍有待聯邦政府公布，政策內容未來仍可能有進一步說明或更新。



社區對此議題表示十分關注

如民眾對2026年公共負擔最終規則有任何疑問，歡迎聯絡洛杉磯縣鄰里法律服務中心（NLSLA），電話：800-433-6251，或瀏覽網站：www.nlsla.org。民眾如需申請醫療補助（Medi-Cal）、CalFresh糧食券或其他公共福利，亦可致電基督教角聲醫療中心社區服務部（626）565-7614預約諮詢。

UNE News Express
<https://bit.ly/4g0IVVb>

Thank You for Your Support



From left to right: Alice Wang (HCHC Director of Wellness and Resource Center), Mona Lao (NLSLA Paralegal), Lena Silver (NLSLA Director of Policy and Administrative Advocacy), and Daniel Chu (HCHC Chief Executive Officer).

HCHC would like to thank our collaborative partner, NLSLA, once again for joining us in informing the community about the 2026 Public Charge Final Rule.

HCHC Mission

“To provide high quality and affordable holistic health care to the underserved.”

 (626) 286-8700

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